

Menu Options

CANADIAN CUISINES

Lemon & Herb Chicken

Grilled Chicken cutlets topped with roasted red peppers and capers in a lemon & herb sauce, served with white rice and garden salad in a balsamic vinaigrette dressing

Veggie Towers in Tomato Basil Sauce

Portobello mushrooms, bell peppers, zucchini, eggplant topped with provolone cheese in a tomato basil sauce, served with white rice and garden salad in a balsamic vinaigrette dressing

Curry Mushroom Chicken

Chicken cutlets & mushrooms in a creamy grappa sauce, served with roasted potato medallions and creamy caesar salad

ITALIAN CUISINES

Chicken Parmesan

Breaded chicken cutlets, deep fried and topped with provolone cheese and a marinara sauce, served with penne in a tomato basil sauce and garden salad in a balsamic vinaigrette dressing

Vegetarian Lasagna

Bell peppers, mushrooms and cheese lasagna in a tomato sauce, served with sliced garlic bread and creamy caesar salad

Classic Beef Lasagna

Beef lasagna with cheese and green peppers in a tomato sauce, served with sliced garlic bread and creamy caesar salad

CARIBBEAN CUISINES

Jerk Chicken

Chicken thigh & drumstick in jerk seasoning, served with red kidney bean rice and cucumber mango salad

Curry Vegetables

Seasonal veggies in curry sauce, served with white rice and deep fried plantains

Curry Chicken

Chicken thigh & drumstick in curry sauce, served with white rice and cucumber mango salad

GREEK CUISINES

Beef Souvlaki

Seasoned beef skewers served with grilled veggies and chunky Greek salad

Seasoned Grilled Veggies

Grilled veggies served with potato wedges in tomato sauce and pita & Tzatziki sauce

Chicken Souvlaki

Seasoned chicken skewers served with grilled veggies and chunky Greek salad

INDIAN CUISINES

Butter Chicken

Boneless chicken in a butter yogurt marinade, served with white rice, tomato & cucumber salad and naan bread

Curry Vegetables Stew

Seasonal veggies in curry stew, served with white rice, cucumber & yogurt in dill seasoning and naan bread

Tandoori Chicken

Chicken thigh & drumstick in a tandoori marinade, served with white rice, cucumber and yogurt in dill seasoning and naan bread

HOT SANDWICHES

Philly Steak & Cheese

Steak & cheese with sautéed onions, mushrooms and garlic mayo on a pada bun, served with garden salad in a balsamic vinaigrette dressing

Chicken Parmesan

Breaded chicken cutlets, deep fried and topped with provolone cheese and a marinara sauce on a caseiro bun, served with creamy caesar salad

Chicken Shwarma

Chicken shawarma, pickles, tomatoes, onions and pickled turnip with garlic tzatziki on a pita, served with creamy caesar salad

Ultimate Burger (Sautéed Onions & Mushrooms)

All beef burger topped with lettuce, tomato, sautéed onions and garlic mayo, served with garden salad in a balsamic vinaigrette dressing

Roasted Beef, Roasted Pepper & Mushroom

Roast beef, red peppers, portobello mushrooms, cheese & garlic mayo on a pada bun, served with garden salad in a balsamic vinaigrette dressing

Grilled Chicken, Roasted Pepper & Mushroom

Grilled chicken, red peppers, portobello mushrooms, cheese & garlic mayo on a pada bun, served with garden salad in a balsamic vinaigrette dressing

Roasted Red Pepper & Feta

Roasted red peppers, sautéed onion mushrooms topped with feta cheese with garlic dressing, served with garden salad in a balsamic vinaigrette dressing

Classic Burger

All beef burger topped with lettuce, tomato, onions and mayo, served with creamy caesar salad